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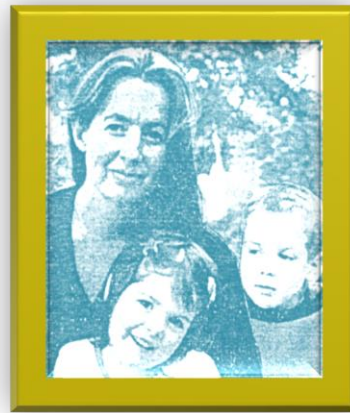
# RAINBOW TREE

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Therapeutic Relaxation for Children with Music and Movement  
A unique integral method of Music-Sound-Rhythm-Movement

The Rainbow Tree method is based on Eva Schmid's experience as performing piano soloist, accompanist, piano teacher, modern dance performer and teacher, yoga and relaxation instructor, and school teacher. Educated in Switzerland, she has also lived and worked in New York, Vancouver and Montreal. Ms. Schmid developed the method and refined it with her own children, aged 4 and 5.

For more information please contact Eva Schmid  
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613-584-3442



Eva Schmid, with Claude and Nils

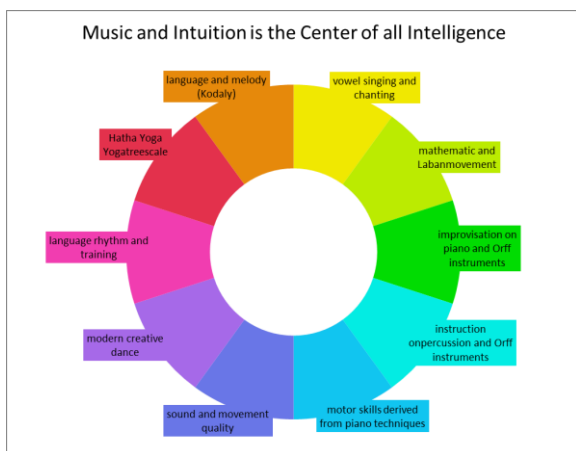
## The Rainbow Tree expressive, therapeutic Music and Motion approach

Explore In a loving and relaxed atmosphere easy and joyful combination exercises to extend and develop:

- physical skills
- mental skills
- emotional skills

Remarkable results have been observed In cases of: cerebral palsy, Down's syndrome, dyslexia, learning disabilities, and global development delay  
Group and Individual programs:

- for the young child (0-3 years+)
- for children and youths(4-15years)
- for adults
- for seniors



## OTHER PROGRAMS OFFERED:

1 year programs for children:  
(3 x 15 week trimesters)

1. Rhythm - Music - Dance (RMD)  
4 - 6 years  
1 x 45 min. session weekly Levels A-C
2. Plano Group (2 -3 students)(PG)  
4 - 6 years  
1 x 45 min. session weekly Levels A-C

Concurrent enrollment in RMD and PG recommended.

3. Plano movement (max. 10 students)(PM)  
7 - 11 years  
1 x 45 min. session weekly 2 groups

1 year programs for youths to seniors  
(3 x 15 week trimesters)

1. Relaxation and stretching with music (RSM)  
(work stress, pregnancy, musicians, performing arts)  
1 x 60 min. weekly Levels A-C
2. Relaxation and stretching with singing and drumming (RSS 1 x 60 min. weekly Levels A-C
3. Plano Improvisation and music meditation (PI)  
1 x 30 min. weekly Levels A-C

Concurrent enrollment in RSM or RSSD and PI recommended.

Individual piano lessons age 7 -adult

Course books for each of these programs are available at the time of enrollment.

The programs are structured to enhance the Royal Conservatory of Music (University of Toronto) piano series.

The Rainbow Tree approach encompasses ten main elements to build therapeutic combination exercises: